



JOHNSON COUNTY HEALTH DEPARTMENT

dedicated to the prevention of disease and promotion of wellness for our community.

FOR IMMEDIATE RELEASE:

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HEALTH DEPARTMENT RELEASES UPDATED REPORT ON OVERWEIGHT AND OBESITY TRENDS IN JOHNSON COUNTY

(OLATHE, KS – October 16, 2008) The Johnson County Health Department is releasing the “Overweight and Obesity Report, Johnson County, Kansas”. The updated report shows that Johnson County, along with the State of Kansas and the nation, has continued over the past decade to show an overall increase in the percentage of people who are either overweight or obese.

According to data calculated from the Behavioral Risk Factor Surveillance System (BRFSS), since 2001, more than half of the adult population of our county is either overweight or obese.

This report provides an update to the 2007 Overweight and Obesity report, and again includes an overview of the prevalence and trends of overweight and obesity status in Johnson County and a comparison to state and national data.

Dr. Leon Vinci, Health Director, Johnson County Public Health Department states: “This continues to be an important issue for our county. The results of this study show we have a long way to go. The importance of good nutrition and regular exercise are clearly emphasized.”

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